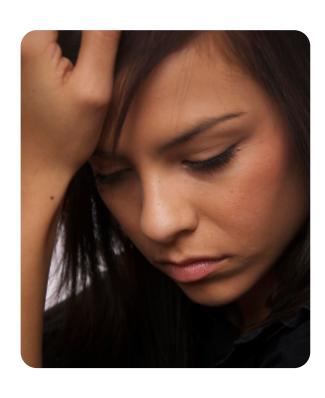
No one asks to be injured while at work. But when it happens some workers may experience lost hours and wages.

Your Union Representative and Workers'
Compensation Department personnel are
here to assist you with your WSIB claims and
appeals. Call us
905-821-8329 or Toll Free 1-800-565-8329

### WAGE REPLACEMENT OPTIONS



Claims and appeals through the WSIB can take a long time to resolve. If you are waiting for a decision or appeal hearing and are suffering from wage loss you need to look at alternative wage replacement options.



United Food & Commercial Workers Locals 175 & 633

Kelly Tosato – President

Jim Mc Lean – Secretary-Treasurer

Karen Vaughan – Recorder

Workers' Compensation Department 2200 Argentia Road Mississauga, ON L5N 2K7

Phone: 905-821-8329 Toll Free: 1-800-565-8329 Fax: 905-821-7144

workerscomp@ufcw175.com

www.ufcw175.com



An information pamphlet provided by your Union.



Kelly Tosato President

Jim Mc Lean Secretary-Treasurer Karen Vaughan Recorder

## Employment Insurance (EI) Sickness Benefits

El sickness benefits can provide you with financial assistance if you can't work for medical reasons.

You could receive 55% of your earnings up to a maximum of \$650 a week. The number of weeks of benefits you could receive depends on the date your claim begins:

before December 18, 2022: up to 15 weeks

on or after December 18, 2022: up to 26 weeks. New:

You must get a medical certificate showing that you're unable to work for medical reasons and for approximately how long. Medical reasons include illness, injury, quarantine or any medical condition that prevents you from working.

To avoid missing out on eligible benefits, do not delay in applying.

Throughout the application process you will need:

- Employer Contact Information
- Social Insurance Number (SIN)
- Last name at birth of one of your parents
- Mailing address
- Banking information
- Record of Employment (ROE)
- Signed medical certificate from your doctor which indicates expected period of incapacity

https://www.canada.ca/en/services/benefits/ei/eisickness.html

# Canada Pension Plan Disability Benefits (CPPD)

The CPPD benefits is a taxable monthly payment that is available to people who have contributed to the Canada Pension Plan and are not able to work regularly at any job because of a disability.

The CPPD benefit is not designed to pay for such things as medications and assistive devices.

To qualify for a CPP disability benefit, you must:

- · Have a severe and prolonged disability
- Be under the age of 65
- Meet the CPP contribution requirements

https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-disability-benefit.html

# Ontario Disability Support Program (ODSP)

If you have a disability and need help with your living expenses you may be eligible for the ODSP.

#### ODSP offers:

- Financial assistance to help with essential living expenses
- Benefits including prescription drugs, dental services, vision care
- If necessary, will help with finding and keeping a job

https://www.ontario.ca/page/ontario-disability-supportprogram



# Weekly Indemnity (WI) Short Term Disability (STD) Long Term Disability (LTD)

The STD/WI benefit is designed to compensate workers temporarily for income lost as a result of short term absences from work due to accident, injury or sickness.

LTD insurance provides more permanent income replacement if your medical condition prevents you from working over a longer period of time.

You need to contact your union representative, human resource administrator and employer to learn what is offered through your collective agreement or employer benefit package.

\*Note: Keep records of all payments received. If your WSIB claim is approved these benefits will need to be repaid.