

No one asks to be injured while at work. But when it happens some workers may experience lost hours and wages.

Your Union Representative and Workers' Compensation Department personnel are here to assist you with your WSIB claims and appeals. Call us 905-821-8329 or Toll Free 1-800-565-8329

WAGE REPLACEMENT OPTIONS



**United Food & Commercial Workers
Locals 175 & 633**

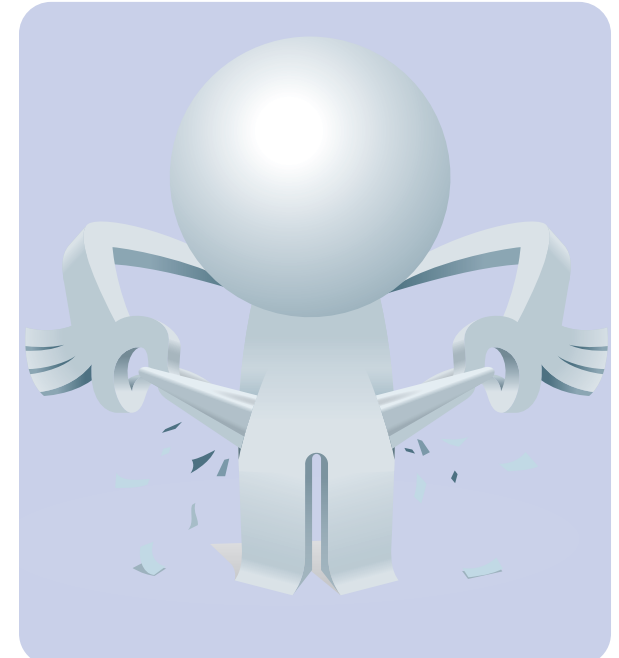
**Shawn Haggerty – President
Kelly Tosato – Secretary-Treasurer
Karen Vaughan – Recorder**

**Workers' Compensation Department
2200 Argentia Road
Mississauga, ON L5N 2K7**

**Phone: 905-821-8329
Toll Free: 1-800-565-8329
Fax: 905-821-7144**

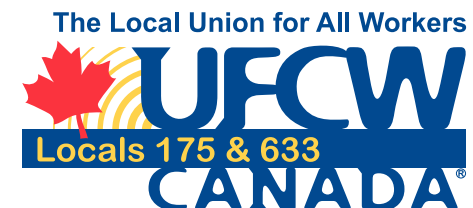
workerscomp@ufcw175.com

www.ufcw175.com



Claims and appeals through the WSIB can take a long time to resolve. If you are waiting for a decision or appeal hearing and are suffering from wage loss you need to look at alternative wage replacement options.

An information pamphlet provided by your Union.



**Shawn Haggerty
President**

**Kelly Tosato
Secretary-Treasurer**

**Karen Vaughan
Recorder**

Employment Insurance (EI) Sickness Benefits

EI Sickness Benefits are available to individuals who are unable to work because of sickness, injury, or quarantine.

If you cannot work because of sickness or injury, but you would otherwise be available to work, you could be eligible to receive up to a maximum of 15 weeks of EI Sickness Benefits.

To avoid missing out on eligible benefits, do not delay in applying.

Throughout the application process you will need:

- Social Insurance Number (SIN)
- Mother's maiden name
- Mailing address
- Banking information
- Record of Employment (ROE)
- Signed medical certificate from your doctor which indicates expected period of incapacity

www.servicecanada.gc.ca/eng/sc/ei/benefits/sickness

Canada Pension Plan Disability Benefits (CPPD)

The CPPD benefits is a taxable monthly payment that is available to people who have contributed to the Canada Pension Plan and are not able to work regularly at any job because of a disability.

The CPPD benefit is not designed to pay for such things as medications and assistive devices.

To qualify for a CPP disability benefit, you must:

- Have a severe and prolonged disability
- Be under the age of 65
- Meet the CPP contribution requirements

www.servicecanada.gc.ca/eng/services/pensions/cpp/disability/benefits

Ontario Disability Support Program (ODSP)

If you have a disability and need help with your living expenses you may be eligible for the ODSP.

ODSP offers:

- Financial assistance to help with essential living expenses
- Benefits – including prescription drugs, dental services, vision care
- If necessary, will help with finding and keeping a job

www.mcass.gov.on.ca/en/mcass/programs/social/odsp



Weekly Indemnity (WI) Short Term Disability (STD) Long Term Disability (LTD)

The STD/WI benefit is designed to compensate workers temporarily for income lost as a result of short term absences from work due to accident, injury or sickness.

LTD insurance provides more permanent income replacement if your medical condition prevents you from working over a longer period of time.

You need to contact your union representative, human resource administrator and employer to learn what is offered through your collective agreement or employer benefit package.

*Note: Keep records of all payments received. If your WSIB claim is approved these benefits will need to be repaid.

