

WORKPLACE INJURIES

Report all workplace injuries immediately.

Tell your Supervisor, your Union Health & Safety Rep and your Union Steward. This applies to all workplace injuries and incidents. This includes, but is not limited to:

- Cuts, Scrapes, and Punctures
- Trips, Slips, and Falls
- Pain, Tremors, Weakness in arms, hands or other soft tissues from task-related overuse, repetition and strain.
- Sprains and Broken Bones
- Getting debris or product in your eyes
- Inhaling any debris or toxic substance
- Skin contact with any toxic or poisonous substance
- Getting clothing, hair, body caught in any machinery

Tell your Doctor if you believe that pain, swelling, weakness or any other injury you experience is work related.

See the Union's flyer on What Your Doctor Needs to Know.

If you suffer a work-related injury that results in lost time and wages, or that is ongoing, you should ensure that a claim is filed with the Workplace Safety & Insurance Board (WSIB).

See the Union's WSIB Claims & Appeals flyer.

Your employer has a Duty to Accommodate injured workers upon your return to work.

Read the Union's flyer on Work Reintegration and Duty to Accommodate.

You have the Right to Refuse Unsafe Work. If you believe that a job task you're required to perform will endanger you or a co-worker, you can refuse to do the task. You MUST follow the proper procedure to Refuse Unsafe Work.

See the Union's Right to Refuse Unsafe Work flyer.

VISIT WWW.UFCW175.COM/DOWNLOADS for more resources and information.

Contact your Union Steward or Union Rep if you have any questions or concerns.



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