

# 5 things

you can do to improve your worklife

## RIGHT NOW

- 1** Contact Organizers at UFCW Local 175  
Meet with them to talk about your concerns & learn how the Union can make your workplace better!
- 2** Sign a confidential UFCW Local 175 Union Card!  
Once at least 40% of your co-workers have signed Cards, your Organizers will apply for certification at the Ontario Labour Relations Board (OLRB).
- 3** Vote Union YES at the Secret Ballot Vote  
At this vote, 50% plus one of your co-workers who attend need to vote Union YES to have the OLRB certify you as Unionized workers with UFCW Local 175.
- 4** Submit proposals & attend Union meetings  
Your Union needs to hear from you about the changes you want to see in your first Collective Agreement! Send in proposals & vote on any negotiated settlements.
- 5** Keep showing up!  
Take an active role in your every day worklife. Become a Steward, learn about Health & Safety, encourage co-workers to read their agreement.

Go to [ufcw175.com/organize](http://ufcw175.com/organize)  
or call 1-800-565-8329!

The Local Union for All Workers

